



# SC GEAR UP Tool Kit

#### Newsletter I Topics:

- -Helpful Tips on Organizational & Time Management Skills for College Success
- -Helpful Tips on Note-Taking Skills for College Success
- -Helpful Tips on Study Skills for College Success
- -Keeping a Stress Journal: Writing Exercises on Managing your Feelings to Reduce Stress
- -Video Excerpt: Student Success in College
- -Where to Locate Resources & Support from the SC GEAR UP Collegiate Partners:
  - Allen University
  - Coastal Carolina University
  - The Citadel
  - Claflin University
  - Francis Marion University
  - Horry-Georgetown Technical College
  - Orangeburg-Calhoun Technical College
  - South Carolina State University
  - Technical College of the Lowcountry
  - College of Charleston
  - Voorhees College
  - Trident Technical College
  - The University of South Carolina (Columbia)
  - The University of South Carolina (Salkehatchie)
  - The University of South Carolina (Beaufort)
  - Benedict College
  - Newberry College
  - Charleston Southern University
  - Central Carolina Technical College
  - Denmark Technical College

#### Newsletter II Topics:

- -How do I "read" my transcript?
- -How do I calculate my grade point average (GPA)?
- -Video Excerpt: GPA Calculation
- -What is grade forgiveness?
- -What are the steps for receiving financial aid?
- -Managing the Course Syllabi
- -Tips for Navigating the First Day of Class

#### Newsletter III Topics:

- -Student Engagement
- -Video Excerpt: Student Engagement
- -Parental Concerns about College





## **Newsletter IV Topics:**

- -Financial Literacy & the Cost of College
- Scholarships
- -FAFSA Renewal
- -Video Excerpt: How to Get the Most Financial Aid
- -Student Loan Debt
- -Tips for Navigating Financial Aid

### **Newsletter V Topics:**

- -Tips for Avoiding Negative Behaviors
- -Video Excerpt: How to Manage Your Time Well
- -4-Year Academic Tracker for Completing Courses
- -The Expectations of a College Course (The Course Syllabus)
- -Student Engagement, Student Leadership, & Co-curricular Activities
- -The College Transition
- -Video Excerpt: 5 Tips to Succeed in any College Class