The College Transition

<u>Arrival on Campus</u> – Become actively involved on campus through engaging in student-led organizations that foster your interests! This will lead to successful academic experiences!

College & High School are Not the Same- You are here to further your education and academics are of utmost importance! Students must develop a workable schedule for classes as well as extracurricular activities. Time management will be critically important! Students must understand that the collegiate environment is designed to serve the holistic student and that they must also invest in their learning.

<u>Personal Development</u> – Students should see college as an opportunity to transition into adulthood. It is a time to be more accountable to parents and to society as personal growth develops.

First Generation College Student(s) & Parents – You are the first person in your immediate family to attend college. Your parents are proud, yet a little apprehensive. To ease these feelings, parents should expect change! Your student(s) will have a new sense of independence as they explore what they want to pursue in life. Parents should also encourage students to seek out their own resources when problems arise. It is recommended that you coach your student(s), but do not attempt to solve problems. Lastly, be flexible, stay in touch as needed, and engage in your student's life. Also, remember that your life has changed too! You and other family members will need a period of time and space for adjusting to life without your student(s) living at home. It is totally normal and expected.



Click on the "Student Success" image below for important tips on how to be successful in any college class! Enjoy!

